## 1st Knottingley Rainbows, Brownies and Guides

## **Guides**

We have been delighted to welcome a new helper in our Guide unit. Caludia joined us in September. Also Hannah has moved on as young leader after being with us from the age of 7 as a Brownie and then a Guide.

This term the girls have enjoyed thinking about and trying out ways of keeping well both physically and mentally, also picking up some first aid tips on the way.

Our units were well represented at the War Memorial on Remembrance Sunday. Well done girls and thank you.





